



## **Growers Hub Horticultural Therapy Leader - Job Description**

### **The Growers Hub – Overview**

The Growers Hub is based in the Broadford Community Woodland. Over the last three years we have taken an area of clear-felled forest and have built paths, drainage, polytunnels, sheds, raised beds and a cabin. Now we want to make Broadford Community allotments into a Hub for growing, learning and advice for the Broadford and Strath community. We will support people with mental and physical issues by providing horticultural therapy, provide access to growing land for people without big gardens and create a Men's Shed.

We want to enable the community to grow fresh affordable food, develop new skills, combat isolation, encourage more exercise, improve wellbeing and over come the disadvantage many have with regards to not garden at home.

We are recruiting two posts:

- A Hub Co-ordinator will co-ordinate the activities of the Hub, set-up and support a Men's Shed group and support other groups using the allotment site. The Hub Co-ordinator will manage the maintenance schedule of the site and will involve local volunteers to do the work.
- A Horticultural Therapy Leader to facilitate a program of horticultural therapy sessions for members of the community

### **Horticultural Therapy Leader : The Role:**

To support the participants to improve and maintain their wellbeing through learning new skills and gaining knowledge, satisfaction and independence from growing .

To research, develop and deliver a range of activities for participants with a range of abilities which will aid their work experience/ learning opportunities and contribute towards improvements in their wellbeing and quality of life.

Activities could range from anything within the field of horticulture, rural crafts, growing trees, seeds collecting, landscaping or general maintenance.



To facilitate a joint programme with community groups to organise specific weekly growing groups.

**Reporting to:** Broadford and Strath Community Company Directors and the Woodland Management Group

**Salary:** The project officer will be contracted on a self-employed basis at a rate of £20 per hour (including VAT where applicable) based on 30 weeks work per year.

**Hours:** The post is funded for five years. It is part time averaging 5 hours per week for the first year, expanding an hour per week each year until March 31 2023 (based on 30 weeks per year). The maximum available for this post in year 1 is £3,000; year 2 £3,600; year 2 £4,200; year 4 £4,800; year 5: £5,400 (VAT included).

**Location:** Working from home and Broadford Community Woodland

The job may involve occasional weekend, evening and bank holiday work with time off in lieu.

**You will require to become a Protecting Vulnerable Groups (PVG) Scheme member prior to commencing in this role.**

**Key Outputs:**

- A programme of Horticultural therapy sessions
- Partnerships set up with local health services including the local hospital and GP service.
- Set up partnerships with local groups such as Kyleakin Connections
- Identify private clients to participate in the project.

**Key Responsibilities:**

- To work closely with the Growers Hub Co-ordinator, local groups, health providers and individuals to design a programme of activities
- To work both in a one to one setting and in groups with users to support them to gain valuable work experience opportunities, accomplish their agreed personal development goals and promote their sense of wellbeing

- Be aware of risk, health and safety and safeguarding responsibilities for all site users. Contribute towards risk assessment protocol and procedures
- Focus on ability not disability, using the social model of disability when working with staff, volunteers and participants
- Ensure equal opportunities are at the heart of all work
- Support colleagues and undertake shared staff team responsibilities
- If required design and deliver short sessions for the general public on horticultural therapy.

**Skills and personal qualities:**

- THRIVE Award in Social and Therapeutic Horticulture
- Good knowledge of horticultural therapy
- Good interpersonal and communication skills
- Compassionate and caring approach to delivery
- Enthusiasm
- Ability to work on own initiative
- Organisational ability
- Report writing and data collation

**Experience:**

- Previous experience of managing horticultural therapy sessions.
- Horticulture
- Project management
- Budgeting
- Partnership working

**This project is funded by the Big Lottery Fund.**